

Mediation services

Mediation is an effective way of resolving disputes and has many advantages over litigation. It can be quicker, less stressful and cheaper than going to court.

It is a process that can be used to settle a wide spectrum of disputes, such as those arising out of commercial contracts, landlord and tenant relationships, property ownership, boundaries and rights of way.

Why choose mediation?

- It is flexible: arrangements can be made to discuss things which might be outside the scope of any formal dispute
- It is private and confidential: what is said at mediation stays at mediation
- It is quick: mediation is arranged to suit the parties and can often be set up in a matter of days
- It works: three in four disputes referred to mediation settle on the day, with most of the remainder settling shortly afterwards.

Why use our mediators?

- We pride ourselves on looking for solutions and that approach is ideally suited to mediation
- We have in-house mediators who can help resolve your dispute
- Our Regency offices can host mediations
- We bring a breadth and depth of experience to disputes and a pragmatic approach to any mediation.

For further details on mediation please read our 'Reasons to mediate' fact sheet on the mediation page of our website.

Main contacts

Nick Cox
Mediator & partner



Nick has been resolving disputes since 2003. Leading legal directories, including *Chambers* and *The Legal 500*, have recommended him for his work.

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Nick Southwell
Mediator & associate, solicitor



Nick is an experienced commercial and civil litigator who understands the process. He focuses on resolving disputes in a non-contentious manner to achieve a mutually agreeable result for all parties.

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